



Good health is for everyone!

— Dr. Denise Davis

#### Partial List of Clients

- American Airlines
- American Cancer Society
- Cincinnati Bell
- Cinergy
- Convergys
- Procter and Gamble
- American Red Cross
- University of Cincinnati
- African American Women on-Tour
- Beech Acres
- eWomenNetwork
- African Methodist Episcopal Church
- Bev Smith Show
- Frazer Networking
- Alpha Kappa Alpha Sorority
- Johnson and Johnson
- Speaking of Women's Health
- Delta Sigma Theta Sorority

#### Dr. Denise Davis

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DENISE DAVIS M.D.

### Expert on HEALTH, WELLNESS & RESTORATION™

- Physician
- Television Personality
- Radio Personality
- Keynote Speaker
- Health Consultant
- Author



### A Unique Medical Doctor Who Educates, Motivates and Inspires Us to Live Longer and Healthier.

Dr. Denise Davis is an engaging physician, author, television/radio personality, health consultant, and keynote speaker. She specializes in empowering people with the latest knowledge so that they can be as healthy as possible through the successful blend of traditional and complimentary medicine.

A physician for more than 20 years, she received her undergraduate degrees from the University of Cincinnati and her medical degree from the Medical College of Ohio. Dr. Davis is board certified in Obstetrics and Gynecology.

She took inventory of her own health status and decided to make changes. Overwhelmingly pleased with her results, she advised her patients and listening audiences to do the same. The enthusiastic public wanted more and she wrote the book to meet the demand—thus came the birth of ***“Health, Wellness & Restoration™: The Complete Guide for Restoring Your Health the Natural Way”***. Many people from all walks of life are now experiencing renewed energy and improved health.

Dr. Davis, a recognized medical expert and sought after speaker, passionately presents her powerful messages of good health to large corporations, small businesses, convention and conference groups of all sizes. She expertly captivates her audiences with her medical knowledge and enthusiasm. Dr. Davis' ability to educate, encourage, and empower the audience is absolutely contagious!

The Health, Wellness & Restoration™ Television and Radio Shows are all dedicated to addressing concerns from diabetes, heart disease, obesity, stress, cancer to topics such as improving health at the work place. Dr. Davis is frequently called upon to provide health and wellness information for news reports, magazine articles, radio and television programs. Words to describe presentations by Dr. Denise Davis—energizing, engaging, exceptional!



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**— Dr. Denise Davis**

### **What Clients and Patients Say**

“Thank you so much for bringing health into our lives. It is the greatest gift.”

H.J. Business Owner

“When the four of us sat in the hotel lobby on Friday afternoon and I bought your book from you, I had no idea the positive effect your words and your presentation would have on me! I am passing all this info to my family and to my friends!”

A. F. Business Owner

“I will never forget sweating with you while walking on the stationary treadmill. After your presentation, I understood! By the way, I’m sleeping without a pillow! Thank you so much for your energy, intelligence, spirit, and attitude. Pillow today, supplements tomorrow... one step at a time. I’ll send the photos as soon as I can.”

L.S. Attorney

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## **Dr. Davis’ Most Requested Presentations**

### **HEALTH, WELLNESS & RESTORATION™**

***A New Approach with a New Attitude Towards Wellness***

The only way that you can truly fulfill your purpose in life is to be the healthiest that you can possibly be. This integrated program identifies the leading forces that contribute to poor health, equips you with safe and effective information for restoring excellent health and provides on going supports. Incorporating Health, Wellness & Restoration™, will help increase your energy, improve the immune system, assist in weight management, retard the aging process and much more. The Doctor will see you now!!

### **Living Longer, Living Better**

***Reverse Aging in 10 Easy Steps: Yes, We Can Fool Mother Nature!***

While we live longer than ever before, we neither live as long as we could, nor as well as we should. Positive lifestyle choices can significantly slow down and reverse the aging process. Critical factors regarding aging are discussed and positive concrete steps are shared so that you can create an individualized plan. Look better, feel better and energize your life! Cancel that date with Father Time!

### **The Best Diet and Fitness Plan**

***Design the Best Program—the One that Fits YOU***

How many times have you started a diet or exercise regimen only to quit before you reached your goal? Have you ever felt that the program you are trying to follow was built for someone else? One size does not fit all! This presentation dissects the key elements of 6 of the most successful diet and fitness plans in the world. Design your own Structured Personalized Program utilizing the best information that matches your individual needs. This will ensure your success.

**Educating, Encouraging, Empowering  
People to Obtain the Best Health Possible**

**Speaking and Consulting on...**

- Women’s Health
- Men’s Health
- Youth Health
- Senior Health
- Employee Health
- Specific Diseases
- Health Careers
- Health Trends